



A trusted partner, a better choice.

MVP Health Care is a nationally recognized health insurance company providing benefits to members throughout New York, Vermont and New Hampshire.

Founded by doctors and business leaders, MVP partners with health care providers to optimize care for their patients by providing the resources and information they need.

Recognized among the top health plans in the nation, MVP Health Care continues to raise the bar for quality and innovation. Our breakthrough products with integrated wellness deliver the flexibility and affordability employers and consumers need. *Discover why so many employers choose MVP.*

MVP - NATIONAL AND REGIONAL NETWORK STRENGTH

- More than 19,000 providers and 150 contracted facilities regionally
- A national network of more than **500,000** doctors, specialists, and hospitals from coast to coast
- Collaborative relationships with regional health care providers in New York, Vermont and New Hampshire and a partnership with **CIGNA's** national medical network of health care professionals and facilities
- Competitive regional discounts
- The freedom of no referrals with all fully-insured commercial plans
- **"Excellent"** accreditation for our HMO, MVP Health Plan Inc., from the **National Committee for Quality Assurance (NCQA)**, an independent organization which rates the quality of health plans nationwide
- Access to Centers of Excellence for care

MVP - WHO WE ARE

- A **NATIONALLY RECOGNIZED, NOT-FOR-PROFIT** health insurer, with headquarters in Schenectady, NY and regional offices throughout New York, Vermont and New Hampshire - serving the region for more than 30 years
- A provider of health insurance solutions for more than **700,000 MEMBERS** throughout New York, Vermont and New Hampshire
- Powered by the ideas and energy of more than **1,800 REGIONAL EMPLOYEES**
- An **INDUSTRY INNOVATOR**, providing breakthrough products with integrated wellness solutions
- The 'best of both worlds' providing regional excellence *and* access to a comprehensive **NATIONAL PROVIDER NETWORK**

MVP - INTEGRATED POPULATION HEALTH MANAGEMENT OPTIONS

WELLNESS AND CARE MANAGEMENT PROGRAMS that can positively impact the health of employees and lead to increased productivity and reduced health care costs, including:

- **LIFESTYLE COACHING** provides personal guidance to help employees lose a few pounds, lower their blood pressure, stop smoking or achieve other healthy goals
- **SELF-CARE TOOLS** include customized action plans and interactive web tools to help employees reach their personal health goals
- **EXPERT ADVICE** with our *24/7 Nurse Advice* line that provides expert guidance available when your employees need it most
- **HEALTH MANAGEMENT AND DISEASE MANAGEMENT** resources that provide guidance for individuals with chronic conditions

WORKPLACE WELLNESS provides resources to support employers in developing a culture of health including:

- **DEDICATED STAFF** to assist in strategic wellness planning
- **A SUITE OF ONLINE TOOLS** that empower employees to reach their wellness goals
- **IMPLEMENTATION SUPPORT** for workplace programs and challenges
- **DEDICATED WELLNESS CONSULTANT** to provide support that is in line with your company's health and productivity focus

MVP - INNOVATIVE HEALTH PLAN SOLUTIONS

- **PERSONAL CHOICE PLANS** featuring a suite of PPOs and EPOs that offer a unique combination of cost control and flexibility
- **NEW VALUE PLANS** that offer a suite of lower-cost, high-deductible health plans with the foundation of quality benefits
- **FUNDING ACCOUNTS** that include FSAs, HRAs, and HSAs with MVP's CareFund debit card
- **INTEGRATED WELLNESS INCENTIVES** that reward employees with real dollars for engaging in healthy activities and positive lifestyle choices
- **PHARMACY TOOLS** that enable employees to maximize their pharmacy benefits
- **MEDICARE ADVANTAGE**, a plan that has consistently ranked in the Top 10 in overall plan quality in the country for the past 5 years
- **FUNDING SOLUTIONS** that are customized for experience rated groups, including fully insured, retrospective rating, Minimum Premium and ASO

WHY MVP?

Our unique position between patient, physician and employer creates an opportunity for us to **improve outcomes** and **manage costs**.

LEARN MORE

Talk to your Broker or Sales Representative or visit [DiscoverMVP.com](https://www.DiscoverMVP.com)
1-800-TALK-MVP (825-5687)

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MVP Health Care is the parent company of MVP Health Insurance Company; MVP Health Plan, Inc.; MVP Health Insurance Company of New Hampshire, Inc.; MVP Health Plan of New Hampshire, Inc.; MVP Select Care, Inc.; Preferred Administrative Services, Inc.; and Preferred Assurance Company, Inc., which issue or administer health benefit plans. Not all plans available in all states.