PREVENTIVE HEALTH SERVICES covered in full under Federal Health Care Reform

Preventive health services can help you avoid illness and improve your health. Listed below is a summary of the preventive health services that are to be fully covered as part of health care reform (the Patient Protection and Affordable Care Act, or ACA).¹

You do not have to pay for these services when you get them from an MVP-participating (in-network) health care provider and the primary purpose of the office visit is to receive one of these preventive services.

COVERED PREVENTIVE SERVICES FOR ADULTS

- Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked
- Alcohol Misuse screening and counseling in a primary care setting
- Aspirin use for men and women of certain ages or at higher risk
- Blood Pressure screening for all adults
- Cholesterol screening for adults of certain ages or at higher risk
- Colorectal Cancer screening for adults over 50 (procedure only covered in full)
- Depression screening for adults in a primary care setting
- Type 2 Diabetes screening for adults with high blood pressure
- Diet counseling for adults at higher risk for chronic disease
- HIV screening for all adults at higher risk
- Immunization vaccines for adults—doses, recommended ages and recommended populations vary: Hepatitis A, Hepatitis B, Herpes Zoster, Human Papillomavirus, Influenza, Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella
- Obesity screening and counseling for all adults in a primary care setting
- Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
- Tobacco use screening for all adults and cessation interventions for tobacco users
- Syphilis screening for all adults at higher risk

WHAT PREVENTIVE HEALTH SERVICES ARE RIGHT FOR YOU?
Talk with your doctor and visit our website (www.mvphealthcare.com) and click Live Healthy under the Members tab then Preventive Health.

COVERED PREVENTIVE SERVICES FOR WOMEN, INCLUDING PREGNANT WOMEN

- Anemia screening on a routine basis for pregnant women
- Antepartum care for pregnant women.
- Bacteriuria urinary tract or other infection screening for pregnant women
- BRCA counseling about genetic testing for women at higher risk
- Breast Cancer Mammography screenings every 1 to 2 years for women over 40
- Breast Cancer Chemoprevention counseling for women at higher risk
- Breastfeeding interventions to support and promote breastfeeding
- Cervical Cancer screening for sexually active women
- Chlamydia Infection screening for younger women and other women at higher risk
- Contraceptive methods and counseling to prevent unintended pregnancies, as prescribed²
- Domestic and interpersonal violence—screening and counseling to detect and prevent, annually²
- Folic Acid supplements for women who may become pregnant
- Generic tamoxifen and raloxifene for the primary prevention of breast cancer for women age 35 and who are at increased risk³
- Gestational diabetes screening²
- Gonorrhea screening for all women at higher risk
- Hepatitis B screening for pregnant women at their first prenatal visit
- HIV screening and counseling for sexually active women, annually
- Human papillomavirus (HPV) testing, as part of cervical cancer screening for women over age 30
- Lactation counseling and equipment to promote breastfeeding
- Osteoporosis screening for women over age 60 depending on risk factors
- Rh Incompatibility screening for all pregnant women and follow-up testing for women at higher risk
- Sexually transmitted infections counseling for sexually active women, annually
- Tobacco use screening and interventions for all women, and expanded counseling for pregnant tobacco users
- Syphilis screening for all pregnant women or other women at increased risk
- Well-woman preventive care visits to obtain recommended preventive services, annually

**COVERED PREVENTIVE SERVICES FOR CHILDREN**
- Alcohol and Drug use assessments for adolescents in a primary care setting
- Autism screening for children at 18 and 24 months
- Behavioral assessments for children of all ages
- Blood pressure screening
- Cervical Dysplasia screening for sexually active females
- Congenital Hypothyroidism screening for newborns
- Depression screening for adolescents in a primary care setting
- Developmental screening for children under age 3, and surveillance throughout childhood
- Dyslipidemia screening for children at higher risk of lipid disorders
- Fluoride Chemoprevention supplements for children without fluoride in their water source
- Gonorrhea preventive medication for the eyes of all newborns
- Hearing screening for all newborns
- Height, Weight and Body Mass Index measurements for children
- Hematocrit or Hemoglobin screening for children
- Hemoglobinopathies or sickle cell screening for newborns
- HIV screening for adolescents at higher risk
- Immunization vaccines for children from birth to age 18—doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis, Haemophilus influenzae type b, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated Poliovirus, Influenza, Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Rotavirus, Varicella
- Iron supplements for children ages 6 to 12 months at risk for anemia
- Lead screening for children at risk of exposure
- Medical History for all children throughout development
- Obesity screening and counseling in a primary care setting
- Oral Health risk assessment for young children
- Phenylketonuria (PKU) screening for this genetic disorder in newborns
- Sexually Transmitted Infection (STI) prevention counseling and screening for adolescents at higher risk
- Tuberculin testing for children at higher risk of tuberculosis
- Vision screening for all children in a primary care setting

Learn more detailed information on these preventive services at www.healthcare.gov/what-are-my-preventive-care-benefits

1 This document applies to MVP fully-insured plans. Grandfathered and ASO (self-funded) group plans may not be subject to these requirements. This document is intended to provide a general outline regarding preventive services. Also, a member’s coverage may include other preventive services in addition to those required by law. Please refer to the member’s plan documents for the specific terms of coverage. This information should not be construed as legal or tax advice or as a recommendation of any kind regarding health care reform.
2 Effective for new business or renewals beginning August 1, 2012.
3 Documentation of increased risk must be provided.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company, MVP Insurance Company of New Hampshire, Inc.; MVP Health Plan of New Hampshire, Inc.; MVP Select Care, Inc.; Preferred Administrative Services, Inc.; Preferred Assurance Company, Inc., MVP Health Services Corporation and Hudson Health Plan, Inc., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states.

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